

# How resilient is your business, really?

Understand your cyber risk. See your gaps before an attack, audit or client tender does.



avocado

## 12 controls auditors, insurers & clients are looking at

These are the controls insurers check before paying a claim, that enterprise clients verify before signing a contract, and that regulators look for after a breach. Consider honestly how many your organisation has genuinely in place today – not in policy, but in practice.

- Application control**  
Only approved software can run. No unknown executables.
- Disable macros**  
Microsoft Office macros from the internet are blocked.
- Restrict admin privileges**  
Admin accounts are separate, limited, and regularly reviewed.
- Multi-factor authentication**  
MFA enabled on email, cloud services, VPN & remote access.
- Cyber governance**  
Clear ownership of cyber risk at leadership level.
- Third-party risk**  
Suppliers and partners assessed for security before onboarding.
- Patch applications**  
All apps patched within 48 hrs of a critical update release.
- Harden user apps**  
Browsers, PDF readers & Office stripped of risky features.
- Patch operating systems**  
OS security patches applied within 48 hrs on all endpoints.
- Regular backups**  
Backups run daily, stored offline or immutably, tested quarterly.
- Risk assessment process**  
Risks formally identified, prioritised and tracked.
- Data protection**  
Sensitive data classified, encrypted, and access-controlled.

## Where do you think you sit?

Most organisations sitting at Developing believe they're Progressing. The gap is usually in application, not intention. Our free online assessment gives you a clear picture of your actual exposure across all 12 controls – before an auditor, insurer, regulator or client does.

### At risk

Significant gaps across core controls. Priority action needed - the cost of inaction now outweighs the cost of fixing it.

### Developing

Some controls in place but inconsistently applied. The question is which gaps carry the most risk for your business.

### Progressing

Strong foundations. Targeted uplift in specific domains will close remaining exposure and consolidate your position.

### Strong baseline

Solid controls in place. The next question is whether they're right-sized for your sector and operating model.

## Find out for certain...

Start your free online assessment and we'll walk you through what it means.

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